

## No Sugar Added snack bars

### Ingredients

- 3 Bananas, mashed, ripe
- 1/3 C Apple sauce
- 2 C Rolled oats
- 1/4 C Almond milk
- 1/2 C Raisins, optional
- 1 tsp Vanilla
- 1 tsp cinnamon

### Directions

Mix all ingredients, place in 8x8 pan, bake at 350 deg for 15-20 mins.