Chicken Mushroom Fettuccine Alfredo

Course Main Course, Pasta

Cuisine Italian

Prep Time 35 minutes
Cook Time 25 minutes
Total Time 55 minutes

Servings 8 People Calories 487kcal

Ingredients

- 1 lb Fettuccine Pasta
- 1 lb Fresh Mushrooms
- 1 lb Chicken Breast
- 2 cup Heavy Whipping Cream
- 1/2 cup Butter
- 1/2 cup Parmesan Cheese grated
- 2 Garlic Cloves crushed
- Olive oil for frying
- Salt to taste
- Pepper to taste

Instructions

- 1. Cook fettuccine per box instructions.
- 2. Mushrooms: Slice mushrooms into thin slices, sauté on a very hot skillet. Season with salt and cook until they are golden brown. Chicken: Cut chicken into thin slices. Season chicken with salt and pepper. Heat skillet to very hot, with oil. Add chicken and cook until golden brown.
- 3. Sauce: In a medium saucepan, combine whipping cream, butter or margarine, pressed garlic and grated Parmesan cheese. Cook over medium low heat until smooth.
- 4. To the sauce, add fettuccini, mushrooms and chicken. Toss together and remove from heat.
- 5. Serve Chicken Mushroom Fettuccine Alfredo while it's warm and garnish with additional parmesan cheese.

Nutrition

Calories: 487kcal | Carbohydrates: 18g | Protein: 19g | Fat: 37g | Saturated Fat: 22g | Cholesterol: 168mg | Sodium: 295mg | Potassium: 462mg | Fiber: 1g | Sugar: 1g | Vitamin A: 1305IU | Vitamin C:

2.5mg | Calcium: 129mg | Iron: 0.9mg

