

Succulent Bite

Ingredients

8		bacon strips
¼	C	bacon fat (from your cooked bacon)
¾	C	olive oil
1	C	milk
3		eggs
1	C	shredded sharp cheddar
½	C	shredded mild cheddar
3	C	tapioca starch
3	T*	salt

* I assume this is an error. I tried it with 3 teaspoons instead and it was still a bit salty. I am guessing it you do not use the bacon, then 3 teaspoons might be right.
Recommended: 2 t salt, 3 T MSG

Directions

1. Preheat oven to 400°F
2. Cook bacon until crispy in a large pan
3. Blend bacon and bacon fat with the rest of your ingredients.
4. Spray a muffin pan with spray oil. Spoon batter into a pan. Top with extra chopped bacon
5. Bake for 25 mins or until golden