How do I? ...Fruit Pickles

Preparing and Canning Pickled Fruits

Pear Pickles

- 2 quarts (8 cups) sugar
- 1 quart (4 cups) white vinegar (5%)
- 1 pint (2 cups) water
- 8 cinnamon sticks (2-inch pieces)
- 2 tablespoons whole cloves
- 2 tablespoons whole allspice
- 8 pounds (4-5 quarts) Seckel pears or other pickling pear

Yield: About 7 or 8 pint jars

Please read <u>Using Boiling Water Canners</u> before beginning. If this is your first time canning, it is recommended that you read <u>Principles of Home Canning</u>.

Procedure: Combine sugar, vinegar, water and cinnamon sticks; add cloves and allspice that are tied in a clean, thin, white cloth. Bring mixture to a boil and simmer, covered, about 30 minutes.

Wash pears, remove skins, and all of blossom end; the stems may be left on if desired. If pears are large, halve or quarter. To prevent peeled pears from darkening during preparation, immediately after peeling, put them into a cold solution containing ½ teaspoon ascorbic acid per 2 quarts water. Drain pears just before using.

Add drained pears to the hot syrup, bring to a boil, lower heat and continue simmering for another 20 to 25 minutes.

Pack hot pears into hot pint jars; add one 2-inch piece cinnamon stick per jar. Cover pears with boiling syrup, leaving ½-inch headspace and making sure pears are covered by the syrup. Remove air bubbles and adjust headspace if needed. Wipe rims of jars with a dampened clean paper towel; adjust two-piece metal canning lids. Process in a **Boiling Water Canner**.

Table 1. Recommended process time for **Pear Pickles** in a boiling-water canner.

		Process Time at Altitudes of			
Style of Pack	Jar Size	0 - 1,000 ft	1,001 - 3,000 ft	3,001 - 6,000 ft	Above 6,000 ft
Hot	Pints	20 min	25	30	35

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 $\label{eq:how do I?} \textbf{ Can} \cdot \underline{\mathsf{Freeze}} \cdot \underline{\mathsf{Dry}} \cdot \underline{\mathsf{Cure} \ \& \ \mathsf{Smoke}} \cdot \underline{\mathsf{Ferment}} \cdot \underline{\mathsf{Pickle}} \cdot \underline{\mathsf{Make Jam} \ \& \ \mathsf{Jelly}} \\ \cdot \underline{\mathsf{Store}}$

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